

HOW TO SUPPORT YOUR CHILD WITH THEIR DYSLEXIA AT HOME

HELPSHEET 4

Support network

Keep in contact with other families who use the WFDA services. As having a friend in a similar situation is supportive and an ideal sounding board. Look for apps that can help your child with their organisation skills or course work. Schools might be able to signpost these.

The British Dyslexia Association (BDA) website has information on a number of useful resources for parents: [Helping your Child at Home](#) and [DIY Readers' Support Pack For Parents](#), - sound to letter links and early sound blending.

Computerised Resources

- [Lexia](#). A popular and fun product including Early Reading, Foundation Reading, and Strategies for Older Students . Using the Strategies for Older Students programme gives a mature interface so no problems with older students feeling patronised. It addresses the needs of very poor literacy skills down to phonics with the addition of worksheets to print off.
- [Lexion](#): is even more fine-grained and highly regarded by speech and language specialists and specialist dyslexia teachers.
- [Wordshark](#) and [Numbershark](#) using games to reinforce learning.

Try before you Buy.

Many programmes come with free demo discs so you can trial things through first. Lexia offer a free trial with good support in its use. Why not borrow the WFDA copies of Workshark and Numbershark to find out if you would find them useful to invest in.

Other Multi Sensory Learning Resources.

- Launch the Lifeboat to Read and Spell
- Beat Dyslexia
- The Active Literacy Kit

Reading Resources

[Dandelion Readers](#)

[Read Write Inc.](#), Structured practice in decoding words and reading through phonics.

[Stride Ahead](#). For students who can read but have difficulty in understanding what they are reading.

Games and Aids

There are a number of games and various aids which can support dyslexic learning eg: [Trugs](#): Teach Reading Using Games and [SWAP](#): Reading.

Waltham Forest Dyslexia Association
Opening Doors for Dyslexics since 1989

Memory

Difficulties with short term and working memory are a common feature of dyslexia. Games such as :
Lucid Research's [Memory Booster](#) and Nintendo's [Brain Booster](#) may be helpful.

Touch Typing

Dance Mat Typing is a free online typing tutorial from the BBC. It has fun characters and voices which will appeals to younger children. www.bbc.co.uk/schools/typing

Englishtype Junior and **Englishtype Senior**, visit Englishtype website

Assistive Software

There are many software aids to support dyslexic reading and writing. These include:

- Text reading software.

Bababolka: Means 'chatterer' in Russian is a Text-to-Speech (TTS) computer software programme that helps with studying by reading out aloud the text on the screen

- Predictive text software.
- Voice recognition software.

Further Resources

For general resources and game

<http://www.crossboweducation.com>
<http://www.dyslexiaactionshop.co.uk/>
<http://www.thedyslexiashop.co.uk>
<http://www.ldlearning.com>

For books:

<http://www.senbooks.co.uk>

For computer based resources:

<http://www.dyslexic.com>.

IT information

Further information about computer based resources can be found on the [BDA Technologies website](#).

Finally when you need to let off steam, share your thoughts and find out more about dyslexia news visit beingdyslexic.co.uk/forums.

