



**Waltham Forest
Dyslexia Association**
Opening doors for dyslexics since 1989



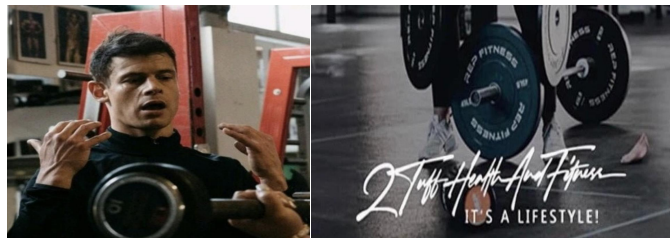
Dyslexic and Neurodivergent Adult Meet-ups - 2024 Talks

Zoom video conference with phone
dial-in option in partnership with the AchieveAbility
Charity



WFDA Adult Meetups- on the last **Wednesday of the month at 7pm** for one hour there are
speaker presentations and discussion on dyslexia and neurodivergence.

On Wednesday 25 September at 7 pm



Liam Tuohy on

“Neurodiversity in the Workplace”

Liam is an inclusive workplace specialist. He believes that ADHD is not just a challenge that it is an opportunity. Liam’s coaching is designed specifically for ambitious individuals with ADHD who refuse to let their diagnosis define their success. After his own ADHD diagnosis Liam realised his purpose and passion in life; helping others. He now travels the UK raising awareness of ADHD and is committed to getting people in the best shape of their lives; both mentally and physically.

Liam has turned his life around and is now as a High-Performance ADHD Health and Fitness Coach. Liam’s talks are informative and are eye-opening in the truth of his life experience for both those who are Neurodivergent and those who are not Neurodivergent

A free event. Sign-up via email to: katherine.hewlett@wfda.org.uk

Waltham Forest Dyslexia Association



@WFDAUK



Waltham Forest Dyslexia Association – WFDA www.wfda.org.uk.

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